MICHELE LARSSON SUZANNE GUTTERSON Debora KOLWEY

All About Eve

February 3-5, 2017 Santa Fe, NM

in fo @coredynamic spilates.com



coredynamicspilates.com

All About Eve - General Information and Schedule

Core Dynamics is pleased to present - 'All About Eve', a special conference event which marks the historical first time that the only 3 individuals trained in the Pilates method by Eve Gentry will be together in the same event offering their unique perspectives on the brilliant movement genius of Eve Gentry.

The Conference will utilize 3 studio venues in Santa Fe, NM - all within walking distance of each other. This set-up will allow there to be a full studio of equipment at the disposal of each presenter. All attendees will be placed into 3 groups (A, B & C) so that each group can rotate between each of the presenters for the first 3 workshops. Due to space constraints registration is limited.

- •The 4th workshop is open enrollment and is set- up on a first come first serve basis.
- •All classes are open enrollment and are set up on a first come first serve basis. Registration for the Conference is online.

Here is the link for registration: picatic.com/event14704973208180

Once you have registered and paid we will send a workshop and class selection form that will need to be filled out and emailed back to the office. We will do our best to place you in your first choice selection for the workshop and classes.

We will also forward information on Santa Fe, NM and the surrounding areas, lodging, travel information, etc.

Santa Fe does have an airport with limited major airline service; most travelers fly into Albuquerque, NM and drive, bus, shuttle or take the Road Runner light rail to Santa Fe.

Register early to guarantee your spot for this historical event.

Cost: \$500.00

Conference Overview

Studios

Move Dance Studios - Move -

Movement Specialists – MS – both are located on the same floor at 901 W. San Mateo Rd., Santa Fe, NM 87505

Core Movement Collective – formerly The Movement Studio – TMS – 1807 Second St., Santa Fe, NM 87505

Maya Aubrey's PilatesZone – PZ – 1704 Lena St. Studio B9, Santa Fe, NM 87505

Reception

Midtown Bistro – 901 W San Mateo Rd ground level, Santa Fe, NM. 87501

Classes and Workshops

Friday Feb. 3, 2017 –

8:00am - 5:00pm	Registration open - MS lobby
8:30 – 12:00pm	Where do we go from here?-TBD

Mat class - Move 12:00pm - 1:15pm

12:15pm - 1:15pm Equipment class - TMS 1:30pm - 2:30pm Equipment class - PZ 3:00pm - 4:00pm Gentry Mat class - Move

5:30 - 7:00pm -Welcome Reception, Midtown Bistro

Saturday Feb. 4, 2017

7:30am - 8:30am	Mat class - Move
8:30am - 9:30am	Mat class - Move

11:00am - 2:00 pm Workshop Larsson - Group A - MS

> Workshop Gutterson - Group B - TMS Workshop Kolwey - Group C - PZ

2:15pm - 3:15pm Mat class - Move

Workshop Larsson - Group C - MS 3:30pm - 6:30pm

> Workshop Gutterson - Group A - TMS Workshop Kolwey - Group B - PZ

Sunday February 5, 2017

,	
7:30am - 8:30am	Mat class - Move
8:30am - 9:30am	Mat class - Move
8:30am - 9:30am	Equipment class - PZ
8:30am - 9:30 am	Equipment class - TMS
8:30am - 9:30am	Pilates Circuit class - MS

10:00am - 1:00pm Workshop Larsson - Group B - MS

Workshop Gutterson - Group C - TMS

Workshop Kolwey - Group A - PZ

2:30pm - 5:30pm Workshop Larsson - open - MS

> Workshop Gutterson - open - TMS Workshop Kolwey - open - PZ

Bios

Photo on cover – Eve Gentry, 1944

Eve Gentry – Eve was born Henrietta Greenhood in San Bernardino, CA on August 20, 1909. In 1917 she began to study ballet, folk and ballroom dance and in 1928 she moved to San Francisco and began studying modern dance. It was in 1936 that she moved to NYC where she began a dance career with the Hanya Holm Company.

She choreographed her most famous dance piece Tenant of the Street in 1938. She married her childhood friend and beau Bruce Gentry in 1944 and chose the professional name – Eve Gentry.

In 1940 Eve and 3 other teachers founded the Dance Notation Bureau. She was in fact the first American dancer to teach Laban notation in the US. Eve directed her own dance company from 1944 – 1968. She was also a charter faculty member for the High School for the Performing Arts and the New York University School of the Arts. Most significant in this context is that she served as teacher and associate with Joseph Pilates in NYC from 1942 – 1968. During this time Eve had a radical mastectomy in 1955 and knew that the only person she could turn to for help was Joseph Pilates. So much muscle had been removed she could not lift her arms. With Joe's help and guidance she was able to return to dance in one years time.

She relocated to Santa Fe, NM in 1968 and established a dance studio as well as a Pilates studio with the equipment that Joe had given her prior to her departure from NYC. Eve worked with the Santa Fe opera and choreographed and danced in Stravinsky's La Rossignol in 1969 and 70 and at the age of 63 danced in the world premiere of Villa Lobos – Yerma choreographed by Jose Limon.

Throughout her more than 50 year career Eve was a dancer, teacher, coach and choreographer for countless stage, film and television projects. In 1979 Bennington College honored her with the 'Pioneer of Modern Dance' award and in 1989 was chosen by the State of New Mexico as a 'Santa Fe Living Treasure'.

Eve died on June 17, 1994 at the age of 84. Although she trained only 3 individuals to teach the Pilates method in her lifetime, her contribution to the preservation and development of the Pilates method remains to this day remarkable.

Suzanne Gutterson – Suzanne was born in NYC. She opened and operated the Suzanne Gutterson School of Dance in Port Washington, NY in the early 1960's. In the later part of the 1960's she moved to Santa Fe, NM and was introduced to Pilates by Eve Gentry. She taught dance at Eve's studio and after one year of intensive training and mentoring Eve made Suzanne her assistant in the studio. Suzanne reflects that the time she spent with Eve was invaluable and that through the years Eve's words and philosophy have guided her teaching. She is a distinguished instructor on Pilates Anytime, on the Advisory board of Pilates Style magazine and an instructor for Core Dynamics Pilates. Suzanne still works out of her home studio in Albuquerque, NM.

Debora Kolwey – In 1982 Debora moved from New York City to Boulder Colorado to dance with The Nancy Spanier Dance Co. While teaching fitness at a local gym, she apprenticed with Stephan Frease to become trained in Pilates, and in 1985 opened a small studio in her home. She spent the next few years teaching privately and traveling to study with first generation teachers. Pivotal to her development was an apprenticeship with Eve Gentry. After Eve's death, Michele Larsson and Debora created the first Core Dynamics workshops to carry on Eve's legacy.

Debora travels nationally and internationally teaching the Pilates Center's Teacher Training program, the work of Eve Gentry, and workshops on her own approach to body, mind, and spirit.

Michele Larsson – Michele is a former dancer and choreographer who trained in NYC at the Julliard school of Music. In 1982 she received a BA in Holistic Health and Dance Theatre from Antioch University. She began studying Pilates with Eve Gentry in 1970 and in 1982 began teacher training under Eve's guidance. Michele worked with Eve for 9 years prior to the founding of the Institute for the Pilates Method in June of 1991. She founded Core Dynamics Pilates to continue the Pilates teacher training she learned from Eve Gentry. Michele has presented workshops worldwide and still teaches Pilates in Santa Fe, NM as well as a special educator for Core Dynamics Pilates.

Questions - please do not hesitate to contact us:

Core Dynamics Pilates 119 Solana Dr. Santa Fe, NM 87501 505 919 9593

www.coredynamicspilates.com info@coredynamicspilates.com